

HAMBLEDON HOUSE  
COMMUNITY CENTRE

# SOUTHERN SUBURBS NEWS

MISSION  
AUSTRALIA



Casey & Pam discuss the latest book over cake and cuppa at Book Club



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# What's On in March

## at Hambledon House Community Centre



### Connect with Others

**Seniors Morning Tea** - Tuesday 3 March 10:00 am - 11:30 am. Bookings essential.

**Seniors Game of Scones** - Friday 13 March 1:00 pm - 2:30 pm. Free. Everyone 55+ is invited to join. Play Games. Eat Scones. Please let us know if you are attending by calling 4037 2874.

**Neighbour Day Morning Tea** - Tuesday 24 March 10:00 am - 12:00 pm. Free.

**BrekkyNet** - Friday 20 March 7:30 am to 8:30 am. BrekkyNet is a bi-monthly networking event offering professionals from the services sector the opportunity to learn about other local services.

**Community Garden Group** - Every 1<sup>st</sup>, 2<sup>nd</sup> & 4<sup>th</sup> Tuesday 9 am to 10 am. Everyone welcome. BYO hat, sun protective clothing and drink bottle. Call Casey on 4037 2874 for more information.

**Book Club** - Friday 6 March 9:30 am to 10:30 am. Call Casey on 4037 2874 for more information.

**Men's Group Yarning Circle** - Friday 6 and 20 March 6:00 pm to 7:30 pm. No matter your mob, come for a yarn! Free food and drinks on the night. No need to RSVP. Call 4037 2874 for information.

**Healthy for Life for Seniors** - Mondays Group A 10:30 am - 11:30 am. Group B 11:30 am - 12:30 pm. Free weekly fitness program. Both Healthy for Life groups are now **fully booked**.

**Busy Needles**, handicraft group - Fridays 8:30 am - 12:00 pm. Bring your own craft to work on.

**Cairns Stamp Club** - Wednesday 18 March 1:00 pm - 3:00 pm. Everyone welcome.



### Families with Children

**Family Music Fun with Jaye** from Uplift Music - Mondays 9:15 am - 10:00 am.

**Play Matters Playgroup** - Wednesdays 9:30 am - 11:30 am. For families with children 0 - 5 years old.

**Wuchopperen Play Group** - Thursdays 9:30 am - 11:30 am during school term. Open to all families with children aged 0 - 4 years. Morning tea provided. For information call 4080 1159.



### Learn Something New

**Financial information for carers and people with a disability** - community presentation by Services Australia - Tuesday 10 March 9:30 am to 12:00 pm. A Services Australia Financial Information Service Officer will provide information about payment options, respite care, Asset and Income Test and review process, and gifting and concessions. Free. Call 4037 2874 for more information.

**Digital Drop-In** - Wednesdays 1:00 pm - 2:00 pm. Seniors, learn more about your smartphone or tablet. Laptops not suitable for these sessions.

**Ukulele Class (adults)** - Mondays. Intermediate - 1:00 pm - 1:45 pm (must have completed Beginners class); Beginners class - 2:00 pm - 2:45 pm. Bookings essential: call 4037 2874.



### Community Support

**Lives Lived Well** - Tuesday 3 & 17 March 9:30 am - 1:30 pm. Free counselling and support for people impacted by alcohol and other drugs. Call 1300 727 957 or 0437 742 832 for more information.

**Justice of the Peace** - Last Friday of the Month - 27 March 11:00 am to 1:00 pm. No booking needed.

# Communities for Children

## Celebrating Neighbour Day with Relationships Australia QLD

Join us on Tuesday 24 March at 10:00 am for a warm and welcoming Community Morning Tea as we celebrate Neighbours Every Day, Relationships Australia’s national campaign championing respectful relationships and social connection.

The theme, Belonging Every Day, reminds us that belonging isn’t just a feeling – it’s something we all help create through our everyday words, actions and choices. When we take time to acknowledge one another, offer kindness, or simply share a moment of connection, we help reduce loneliness, improve wellbeing, and build stronger, more resilient communities.

Neighbours Every Day encourages each of us to recognise the role we play in shaping a community where everyone feels included. Even the smallest gestures, a friendly hello, an invitation to sit together, a shared cup of tea, can make a meaningful difference.

We’d love you to be part of this celebration. Come along, connect with others in your community, and enjoy a relaxed morning tea.

Date: Tuesday 24 March

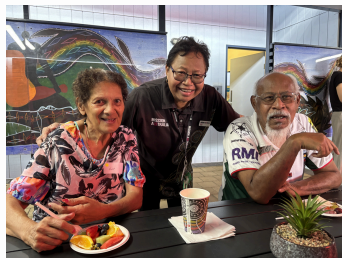
Time: 10:00 am

Location: Hambledon House Community Centre, 177 Bruce Highway, Edmonton

Cost: Free!

RSVP: call 4037 2874 or email Janelle on [simj@missionaustralia.com.au](mailto:simj@missionaustralia.com.au) by 18 March 2026.

Let’s make belonging something we create together – every day.



Neighbour Day Morning Tea 2025

Create • Share • Grow  
Belonging



We support Neighbours Every Day. Relationships Australia is the home of Neighbours Every Day.

**Neighbours Every Day** | Relationships Australia.

Join us for a  
**FREE Neighbour Day Morning Tea** 

on Tuesday the 24th of March at 10:00-12:00noon  
Hambledon House Community Centre  
177 Bruce Hwy, Edmonton

RSVP: [simj@missionaustralia.com.au](mailto:simj@missionaustralia.com.au) by 18th Mar 2025



**MISSION AUSTRALIA**



**Cairns South  
TOGETHER**

Partnering with

**MISSION  
AUSTRALIA**

**Magic happens** through partnership and collaboration. Last month, at St Mary's Catholic College's First Nations Leadership and Planning Day, the Cairns South Together backbone staff member, Andrew, together with Jess, the Child & Family Counsellor located at Hambledon House Community Centre, delivered a workshop addressing the critical importance of mental wellbeing for young people.

The aim of the workshop was to equip 40 youth with essential skills to recognise signs of distress, pathways and access to helpful resources, and the value and ways to practice self-care and be of mutual support for each other. Participants gained practical tools for navigating wellbeing while developing their literacy regarding mental health.

A highlight was the creative "mini heart workshop," where each student coloured a heart representing their personal journey. This activity was developed to connect the session with St Mary's ongoing painting of a large heart sculpture with Cairns South Together. The individual hearts symbolise both personal and collective community identity, mirroring the larger sculpture that will stand as a permanent reminder of connection and unity.

Feedback from the organiser, Tamara Pearson, was extremely positive, "...Your session on wellbeing and the importance of strong mental health and recognising when others are in need really resonated with our students and staff. Your own testimony regarding your life was truly inspirational. The Heart Project brought so much energy into the room-the kids were fully engaged, opened up, and came out of their shell in such a beautiful way. It was powerful to witness the positive impact you both had on them."

This collaboration marks a continued drive for community organisations and educational institutions to partner, ensuring young people receive consistent, culturally appropriate support that extends beyond the classroom, building resilience and a sense of community from the ground up.





# Uplift MUSIC

## FAMILY MUSIC SESSIONS

**Hambledon House Community Centre**  
177 Bruce Highway, Edmonton

Come along and share in FREE singing, movement  
and musical instrument play.

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**Mondays, 9:15 am – 10:00 am**  
During School Terms

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For further information please contact  
Jaye Odgers  
Email: [jaye@upliftmusic.com.au](mailto:jaye@upliftmusic.com.au)







*Join our*  
**Little Leaps supported playgroup.**

Little Leaps is a supported playgroup for kids aged up to 5 years old and their parents or carers. As a supported playgroup, families are encouraged to participate with their children.

**Little Leaps is totally FREE to attend.**

### Session details

**WHEN:** Wednesday weekly for 8 weeks, starting 5 February.  
Little Leaps is conducted across each of the 4 school terms in the Cairns South region.

**WHERE:** Act for Kids  
48 Graham St, Edmonton

**TIME:** 09:30 am to 11:00 am

Morning tea provided.



**Little Leaps starts this February 5**



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To find out more about the Little Leaps supported playgroup, contact **07 4033 8500**  
[littleleaps@actforkids.com.au](mailto:littleleaps@actforkids.com.au)



# BrekkyNet

## 20 March 2026

You are cordially invited to the  
March 2026 BrekkyNet

Guest speakers: Tegan Hicks and Ashleigh Lawrence,  
Community Engagement Team from  
**NQ Women's Legal Service**

**WHEN: 7:30 AM - 8:30 AM**

Where: Hambledon House Community Centre,  
177 Bruce Highway, Edmonton

RSVP: Contact Janelle on 4037 2874 or  
[simj@missionaustralia.com.au](mailto:simj@missionaustralia.com.au)  
by 13 March 2026

RSVP early to ensure your space. Numbers are limited.

Hambledon House Community Centre

# FOOD DONATIONS NEEDED

Supporting the vulnerable  
in Cairns South

Help us help others

All non-perishable donations welcome such as:

- Canned fruit or vegetables
- Soup, spaghetti, baked beans and canned meat
- Rice and noodles
- Lunch box items and spreads
- Breakfast cereal, crackers
- Long-life milk

ALL DONATIONS CAN BE DROPPED IN TO  
HAMBLEDON HOUSE COMMUNITY CENTRE  
177 BRUCE HIGHWAY EDMONTON  
CALL 4037 2874 FOR INFORMATION

THANK YOU



*nq* women's legal service



**Next meeting:**  
**Friday 6th March**  
**9.30am**  
 Hambledon House  
 Community Centre  
 177 Bruce Highway  
 Edmonton

# BOOK CLUB

Book Club runs the first Friday of each month in one of Hambledon House Community Centre's airconditioned function rooms.

If you are interested in joining, we have copies of each month's book available.

If you have any further questions, please contact Casey via email [stuchberyc@missionaustralia.com.au](mailto:stuchberyc@missionaustralia.com.au) Alternatively call the Centre on 4037 2874



# COMMUNITY GARDEN

Are you looking to connect with others, learn new skills and enjoy the outdoors? Come along to our Community Garden!

**The group meets the first, second and fourth Tuesday of the month between 9am and 10am at Hambledon House Community Centre.**

*Plant, water and maintain the garden*

*Morning Tea, a cuppa and a chat!*

*Growing food, growing community*

For more information or to join our Community Garden group contact Casey [stuchberyc@missionaustralia.com.au](mailto:stuchberyc@missionaustralia.com.au) Alternatively call the Centre on 4037 2874



SUGAR WORLD

Join in at our  
**Pop-Up  
 Playgroup!**

## Join a Pop-Up Playgroup today!

Play Matters Australia invites you to come along for a free and fun morning of playgroup!

**Time:** 9.30am-11.30am

**Day:** Tuesday, 31<sup>st</sup> March 2026

**Place:** Sugar World Parklands Please NOTE if raining we will hold playgroup on the veranda near the playground

**Cost:** Free, with morning tea included

**For more information:**

Join our closed Facebook group: @Play Matters Cairns Southside Playgroup, or contact Di 0429 053 187 Look for us on Facebook @ PlayMatters Cairns Southside Playgroups



## FREE to attend playgroups!

Play Matters has a range of Southside playgroup locations

Play Matters Australia invites you to come along for a free and fun morning of playgroup! Meet new families and other children, enjoy free morning tea, and participate in many developmental activities and experiences.

**White Rock State School (Free Food Pantry)**  
 Mondays 8.30am to 10.30am

**Hambledon House Community Centre**  
 Wednesday 9.30am to 11.30am

**2 POP-UP Playgroups at a variety of locations across South Cairns from Earlville to Gordonvale**

Join our closed Face Book Group @ Play Matters Cairns Southside Playgroups to keep in the loop

For more information, please contact Di 0429 053 187

These Programs are Funded by The Federal Government



# Seniors Activity Schedule



**Digital Drop-In**  
Wednesdays  
1 pm to 2 pm  
Learn more about your smartphone or tablet (No laptops)



**Seniors Morning Tea**  
First Tuesday of the month  
10:00 am to 11:30 am  
Bookings essential



**Game of Scones**  
Second Friday of the month  
1:00 pm to 2:30 pm  
Board games and conversation



**Healthy for Life**  
Mondays  
10:30 am - 11:30 am  
Seniors Fitness

Call 4037 2874 to attend  
Hambledon House  
Community Centre  
177 Bruce Highway,  
Edmonton



## MISSION AUSTRALIA



## Hambledon House Community Centre

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EVERYONE  
55+  
INVITED TO  
JOIN

# SENIORS GAME OF SCONES



Play Games. Eat Scones.

Second Friday of the month  
1:00 pm - 2:30 pm



Games to Play  
BOARD GAMES AND CARD GAMES

To RSVP call 4037 2874 or email  
[Hambledonhouse@missionaustralia.com.au](mailto:Hambledonhouse@missionaustralia.com.au)



**BORI MUY**  
Keep The Old Fire Burning

# MOON LIGHT

FREE YOUTH NIGHT  
FUN & GAMES!

AGES 11 - 17 YEARS OF AGE

EVERY FRIDAY NIGHT  
5PM - 7PM

*South Cairns Cutters Sports Club*  
(HALL UNDER GRANDSTANDS)

Email us on [admin@borimuy.com](mailto:admin@borimuy.com)  
OR call us on (03) 7056 5920

# COMMUNITY PRESENTATION



A Services Australia Financial Information Service Officer will provide information about:

Financial information for carers and people with a disability

- Payment options
- Respite care
- Asset & Income Test and review process
- Gifting & Concessions



Date: 10 March 2026  
Time: 9:30 am to 12:00 pm  
Location: Hambledon House Community Centre  
177 Bruce Highway, Edmonton  
To book or for more information call: 4037 2874

# MEN'S GROUP **YARNING CIRCLE**



**When:** Every Friday fortnightly  
6 & 20 February, 6 & 20 March, 3 & 17 April

**Time:** 6:00 pm - 7:30 pm

**Location:** All meet at Hambledon House Community Centre  
177 Bruce Hwy, Edmonton

Men's Yarning Circle is a safe, respectful space where ALL men come together to yarn, listen, support one another, and strengthen connection, culture, and wellbeing.

**For more information**

Call: 4037 2874 Mob: 0474 420 443 or email:  
hambledonhouse@missionaustralia.com.au

Supported by:



Domino's  
Pizza



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Cairns South  
TOGETHER  
Nothing about us without us

# Come and play! Hambledon Highway



**Open: Monday, Tuesday and Friday**  
09:00 AM to 4:00 PM

**Wednesday and Thursday**  
12:30 PM to 4:00 PM

We are proud to present our covered play road, where children can play, ride, scoot and explore! Free of charge and available to parents, kindys, daycares and other community groups.

# UKULELE CLASS FOR ADULTS

Starting on Monday 16 February 2026

**Every Monday**  
**Beginner class 2:00-2:45pm**

RSVP required

- **Beginners are welcome**
- **Ukulele provided or bring your own**
- **Small groups**



Hambledon House Community Centre  
177 Bruce Highway Edmonton  
07 4037 2874  
hambledonhouse@missionaustralia.com.au



# DIGITAL DROP IN

Want to learn more about your smartphone or tablet?

We can help you discover how being online can add new skills and experiences to your life - for free!

No bookings needed  
CALL 4037 2874  
FOR MORE INFORMATION

Hambledon House Community Centre  
177 Bruce Highway Edmonton

**WEDNESDAYS 1 PM - 2 PM**



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# THINGS TO DO IN CAIRNS SOUTH

## Special Interest

### ▶ QCWA Social Sewing\*

Monthly sewing projects  
See QCWA - Mulgrave Branch Facebook page  
Email [qcwa.Mulgrave@gmail.com](mailto:qcwa.Mulgrave@gmail.com) to book

### ▶ Sugarworld Gardeners

Become a volunteer - email  
[greenspaceourplace@ Cairns.qld.gov.au](mailto:greenspaceourplace@ Cairns.qld.gov.au)

### ▶ Edmonton Community Garden

13 - 19 Walker Rd, Edmonton  
Call 0400 799 115

### ▶ Hambledon House Community Garden

Every 1st, 2nd & 4th Tuesday 9:00 am - 10:00 am  
Hambledon House Community Centre

### ▶ Stamp Club

3rd Wednesday of the month (January - November)  
1:00 pm - 3:00 pm  
Hambledon House Community Centre

## Social Connection

### ▶ Seniors Morning Tea

10:00 am - 11:30 am 1st Tuesday of the month  
Hambledon House Community Centre  
Bookings essential  
Phone: 4037 2874

### ▶ Chatty Cafes

Mondays 10:00 am - 11:30 am, Caffein8Cafe, Gordonvale  
Tuesdays 10:00 am - 12:00 pm, Mt Sheridan Food Court

### ▶ Mahjong\*

Tuesday 9:00 am - 12:00 pm  
PCYC Edmonton  
4045 6540

### ▶ Game of Scones

1:00 pm - 3:00 pm, 2nd Friday of the month  
Hambledon House Community Centre  
Call 4037 2874



## Exercise

### ▶ Chair Yoga

Monday 9:00 am - 10:00 am  
For people of all ages and mobility level  
Down Park Community Hall, Edmonton

### ▶ Zumba

Monday 9 am - Norman Park, Gordonvale  
Thursday 9:30 am Bill Wakeham Pk, Babinda  
Friday 5.30pm - Ravizza Park, Edmonton

### ▶ Edmonton Indoor Bowls\*

Wednesdays 8:50 am - 11:30 am  
Pine Street, Edmonton  
Call 0477 549 684

### ▶ Pickle Ball\*

Various days and times  
PCYC Edmonton  
4045 6540

### ▶ Walking Groups

Mt Sheridan Plaza Walking Group  
Tuesday & Thursday 7:30 am - 8:30 am  
Earlville Shopping Town Walking Group  
Monday - Friday 8:00 am

### ▶ Seniors Fitness\*

Mondays & Fridays 10:00 am  
Wednesday 9:00 am  
PCYC Edmonton  
4045 6540

### ▶ Healthy for Life for Seniors

Mondays, multiple times  
Hambledon House Community Centre  
Phone: 4037 2874

**Full capacity**

\*Charges apply

# THINGS TO DO IN CAIRNS SOUTH

## After School Activities

### ▶ PCYC Edmonton

For children aged 10 to 17yrs (bring water bottle)

After Dark

Wednesdays, 5:00 pm to 6:30 pm

Club & Culture

Monday to Friday, 3:00 pm - 5:00 pm

4045 6540

### ▶ Multi-Sports

Young people aged 8 to 17

Wednesdays, 5:00 pm to 6:00 pm

Khalu Park, Cavalcade St, White Rock

### ▶ Bori Muy Moonlight

Youth Night Fun & Games - ages 11 to 17

Fridays, 5:00 pm to 7:00 pm

South Cairns Cuttlers Sports Club

Hall under grandstands

(03) 7056 5920

### ▶ Cairns Libraries

Creator Spaces

Days and times vary. See "Libraries" section for addresses and phone numbers.

## Community Groups

### ▶ Gordonvale Lions Club

Meet 7pm, 3rd Thursday of month

Bowls Club, Gordonvale

Phone: 0417 707 447

Email: [gordonvalelions1968@gmail.com](mailto:gordonvalelions1968@gmail.com)

### ▶ Edmonton Lions Club

Meet 1st & 3rd Wednesday of month

6 pm to 6.30 pm start

Hambledon Hotel, Edmonton

Phone: 0408 491 734

### ▶ Edmonton Men's Shed

1151 Thomson Rd, Edmonton

Mondays, Wednesdays & Fridays

12:00 pm - 3:30 pm

Phone: 0447 014 942

### ▶ Gordonvale Men's Shed

Mondays, Tuesdays & Wednesdays

8:00 am - 12:00 pm

18 - 20 Highleigh Road

Phone: 4056 1525

## Youth Organisations

### ▶ Girl Guides\*

Edmonton District Girl Guides

Tuesday 5:00 pm to 7:00 pm (6 - 17 years)

Email: [edmontonDM@guidesqld.org](mailto:edmontonDM@guidesqld.org)

Gordonvale District Girl Guides

Mondays 6:30pm - 8:30pm

Junior & Senior Guides (5 - 12 years)

Tuesdays 7:00 pm - 9:00 pm

Ranger Guides (13 - 17 years)

[gordonvaleDM@guidesqld.org](mailto:gordonvaleDM@guidesqld.org)

### ▶ Scouts\*

Edmonton Scout Group

Mondays - Cub Scouts - 6.30 pm - 8.30 pm

Tuesdays - Joey Scouts - 6:00 pm - 7:00 pm

Tuesdays - Venturers - 7:00 pm - 9:00 pm

Wednesdays - Scouts - 6.30pm - 8.30pm

[gl@edmonton.scoutsqld.com.au](mailto:gl@edmonton.scoutsqld.com.au)

Gordonvale Scout Group

Thursdays 6:30 pm - 8:30 pm

Joey Scouts, Cub Scouts & Scouts (5 - 15 yrs)

Tuesdays 7:00 pm - 9:00 pm

Mulgrave Venturers (15 -17 yrs) at Edmonton

Scout Den

[gl@gordonvale.scoutsqld.com.au](mailto:gl@gordonvale.scoutsqld.com.au)

### ▶ LEOs\*

For young people aged 12 to 18 living in Cairns

South. Sponsored by Gordonvale Lions Club

Email: [leosclubssouthcairns@gmail.com](mailto:leosclubssouthcairns@gmail.com)

## Outings

### ▶ Mulgrave History Museum\*

Monday to Saturday 10:00 am to 2:00 pm

60 Gordon Street, Gordonvale

### ▶ Sugarworld Parklands

Playground, BBQs, tropical fruit trees

Daily 7:00 am to 6:30 pm

Edmonton

### ▶ Sugarworld Adventure Park\*

School term: weekends 10:00 am - 4:30 pm

School holidays: daily 10:00 am - 4:30 pm

Edmonton

\*Charges apply

# THINGS TO DO IN CAIRNS SOUTH

## Early Years activities

### ▶ **The Benevolent Society**

Playgroups, parenting programs and more!

**Cairns Early Years Centre**

Borrowdale Close, Bentley Park

**Gordonvale Early Years Centre**

33 Sheppards St, Gordonvale

**Earlville Shopping Town**

Opposite Madhouse

Phone: 4034 6800

Facebook: Cairns & Gordonvale Early Years Centres

### ▶ **Play Matters Cairns**

Play groups at various locations (during school term)

White Rock State School, Hambledon House

Community Centre, Djenghi Yarrabah and pop-up

locations around Cairns south

Phone: 0429 053 187

### ▶ **Family Music Fun with Jaye**

Mondays 9:15 am - 10:00 am (during school term)

Hambledon House Community Centre

Phone: 4037 2874

### ▶ **Little Leaps supported playgroup**

Wednesdays 9:30 am - 11:00 am (during school term)

48 Graham Street, Edmonton

Phone: 0498 458 378

Email: [littleleaps@actforkids.com.au](mailto:littleleaps@actforkids.com.au)

### ▶ **Wuchopperen playgroup**

Thursdays 9:30 am - 11:30 am (during school term)

Hambledon House Community Centre

Phone: 4037 2874

### ▶ **First 5 Forever**

Literacy activities for children 0 - 5 and parents/carers

Baby Rhyme Time, Storytime and more

Days and times vary.

See "Libraries" for addresses and phone numbers.

## There's more to explore

For a complete list of parks and gardens, BBQ and picnic facilities, sports fields, skate parks, markets, walking tracks, playgrounds and more, search for "Parks and Gardens" on the Cairns Regional Council website: <https://www.cairns.qld.gov.au/>

## Libraries

Book clubs, Senior tech support, after school activities, school holiday activities and more!

[www.cairns.qld.gov.au/library](http://www.cairns.qld.gov.au/library)

### ▶ **Earlville Library**

Earlville Shopping Town, Earlville

Phone: 4044 3766

### ▶ **Edmonton Library**

175 Bruce Highway, Edmonton

Phone: 4044 3735

### ▶ **Gordonvale Library**

88 Norman Street, Gordonvale

Phone: 4044 3778

### ▶ **Babinda Library**

24 Munro Street, Babinda

Phone: 4067 8400

## Swimming Pools

Learn to swim, swim clubs, aqua aerobics and leisure activities

### ▶ **Woree Swimming Pool\***

1 Pool Close, Woree

Phone: 4054 6964

Email: [woreepool@gmail.com](mailto:woreepool@gmail.com)

### ▶ **Gordonvale Aquatics\***

79 Sheppards Street Gordonvale

Phone: 4056 1353

Email: [gordonvale@mcsf.com.au](mailto:gordonvale@mcsf.com.au)

### ▶ **Babinda Aquatic Centre\***

Church St, Babinda

Phone: 4067 1211

Email: [babinda@mcsf.com.au](mailto:babinda@mcsf.com.au)

Closed Sundays and 3 June to 5 September

Have updates or suggestions? Contact Janelle on [simj@missionaustralia.com.au](mailto:simj@missionaustralia.com.au)



\*Charges apply

# Cairns & Gordonvale Early Years Centres

## Cairns South Activity Timetable

Term 1 2026 Monday 2nd February – Thursday 2nd April



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bentley Park</b> 9:30am-11:30am <b>The MotherHood</b> Join in with weekly craft ideas, or bring your own. Focus on Aboriginal & Torres Strait Island cultures and diversity.	<b>Bentley Park</b> 9:30am-11:15am <b>Explorers Playgroup</b> A playgroup for children aged 0-5 years, whose parents have a concern regarding their child's development, or who have a developmental delay or disability.	<b>Bentley Park</b> 9:00am-11:00am <b>Play &amp; Grow</b> Early learning play experiences. Open to all families with children aged 0-5 years.	<b>Earlville Shopping Town</b> 9:30am-11:30am <b>Play &amp; Grow</b> Early learning play experiences with your child. For children aged 0-5 years.	<b>Bentley Park</b> 9:30am-10:30am <b>Move Baby Move</b> Enjoy time with your baby, 0-12 months.
<b>Earlville Shopping Town</b> 1:00pm-3:00pm <b>Play &amp; Grow</b> Early learning play experiences with your child. For children aged 0-5 years.	<b>Bentley Park</b> 10:00am-12:00pm <b>New Parent Group</b> Provided by Qld Health for parents of new born bubs up to 5 months of age. Call 4226 4900 for more information.	<b>Bentley Park</b> 9:00am-2:00pm <b>New Born Drop in Clinic</b> Support for parents with bubs 0-8 weeks old provided by QLD Health Midwives and Child Health Nurses	<b>Gordonvale</b> 9:00am-11:00am <b>Play &amp; Grow</b> Early learning play experiences. Open to all families with children aged 0-5 years.	<b>Bentley Park</b> 1:00pm-3:00pm <b>Play Time</b> A parent's led play time. A space for you to interact with your child & meet other parents, not supported by staff.
<b>Gordonvale</b> 9:00am-12:00pm <b>Child Health Immunisation &amp; Drop-in Clinic</b> Provided by Queensland Health Child Health Nurses. Available to children 0-5.	Acknowledging our partnership with <b>Wuchopperen Health Service</b> 	 <b>Gordonvale</b> 9:30am-10:45am <b>Sing &amp; Grow</b> A free music therapy program for children 0-5, who have a developmental concern or disability. Run by a Registered Music Therapist. singandgrow@playmatters.org.au	<b>Gordonvale Food Pantry</b> <b>Thursday</b> 1:00-4:00pm We also welcome donations for our food pantry!	<b>Earlville Shopping Town</b> 3:00pm-5:00pm <b>Father Figures Playgroup</b> A group for all Father figures, carers to spend time playing with their kids aged 0-8 years in a supported environment.
<b>Gordonvale</b> 9:30am-11:00am <b>Play Time</b> A parent's led play time. A space for you to interact with your child & meet other parents, not supported by staff.	Acknowledging our partnership with Queensland Government 	<b>Our Gordonvale Centre is closed from 12noon on a Wednesday afternoon</b> to allow all staff to be available for team meetings and ongoing professional development.	Acknowledging our partnership with Qld Health 	<b>Gordonvale</b> 9:30am-11:00am <b>Bubs &amp; Tots Playgroup</b> Early learning play experiences for children 0-3 years.

Cairns & Gordonvale Early Years Centre

benevolent SOCIETY

4034 6800

Cairns.earlyyearscentre@benevolent.org.au

### QCWA MULGRAVE BRANCH

**Markets Stall**  
 7 March  
 4 April  
 2 May  
 6 June  
 4 July  
 1 August  
 5 Sept  
 3 Oct  
 7 Nov  
 5 Dec

**Meetings**

### Social Sewing & other crafts

Hambleton House Community Centre  
 177 Bruce Hwy Edmonton  
 from 9.00am Saturdays

- 21 Feb - Project TBA
- 18 April - Project TBA
- 16 May - Project TBA
- 13 June - Project TBA
- 18 July - Project TBA
- 15 August - Project TBA
- 19 Sep - Project TBC
- 17 Oct - Project TBC
- 21 November - Project TBC

enquiries or to book your spot call 0449696068

Last Thursday of these months

- 26 Feb
- 30 April
- 25 June
- 30 July - AGM
- 24 Sept
- 26 Nov

6pm at Hambleton House Community Centre

Bring your sewing machine. No sewing machine? No problem. We have a few to share. Must be quick to book your spot.

### Join the QCWA

Supporting, sharing, connecting, celebrating

Are you looking for a welcoming community group to share your skills, support local causes and celebrate together? The QCWA is for everyone not just older generations. We are dedicated to making a difference. We are always ready to welcome new members. Together we can make a difference. Contact: 0449696068

qcwa.mulgrave@gmail.com  
 The Queensland Country Women's Association  
 ANZ 07 631 021



**have a chat**

**Mondays 10:00am - 11:30am**  
 at Caffin8 Cafe Gordonvale

**Tuesdays 10:00am - 12:00pm**  
 at Mt Sheridan Food Court



Chatty cafe is a safe space for everyone in the community. You might live alone or work from home, be a young person, new parent, a grandparent, or be new to your local area. Everyone is welcome.



**MISSION AUSTRALIA**



# News from the community

## Multicultural Minds

Wellbeing Support for CALD Communities



Centacare FNQ is here for people from all cultures.

Changes in life, family worries, and living in a new place can feel very hard.

It is okay to talk about your feelings and ask for support when things are difficult.

You are not alone — our team understands, listens, and many of us have lived through similar experiences.

**WHAT WE HELP WITH:**

- Feeling very sad, worried, not sleeping/ eating
- Talking about your problems in a safe space
- Support from people who speak your language
- Learning ways to feel better and manage stress
- Connecting you to other services if you need them

**WHO WE HELP:**

- People 18 years and older from multicultural backgrounds
- People with wellbeing challenges or who feel they are struggling
- Family members and carers

**OUR PROMISE:**

- We listen without judgement
- We respect your culture and beliefs
- We can meet you in our office or another safe place



P: 40440 130 E: mmintake@centacarefnq.org | centacarefnq.org



**A cross sector conference for the early years**

**21 & 22 May 2026  
Cairns Convention Centre**



[www.earlyyearsconference.com.au](http://www.earlyyearsconference.com.au)



## Community Presentation



A Services Australia Financial Information Service (FIS) Officer will be providing an information session soon.

They will be providing information about:

Financial information for Carers and people with disability.

**Session details**

**Where:** Gordonvale Library

**When:** Wednesday 8th April 2026; 9am - 11.30am

- \* Payment options
- \* Respite care
- \* Asset and Income Test and the review process
- \* Gifting and concessions



## Get help with your aged care options

Whether you're looking for help at home or thinking about aged care, we can help.

Our Aged Care Specialist Officers can give you in-depth information about your aged care options.

Come and meet Debbie, your local Aged Care Specialist Officer from the Cairns Service Centre to answer your questions.

At Earlville Library - Information Stall, Wednesday

- \* 21st January 2026, 9 - 10am
- \* 18th March 2026, 9 - 10am
- \* 20th May 2026, 9 - 10am

Assisted by: Services Australia Financial Information Service

To book an appointment with an Aged Care Specialist Officer:

- 📞 call 1800 227 475
- 📍 ask at your local Services Australia service centre.

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For more information about payments and services, go to [servicesaustralia.gov.au](http://servicesaustralia.gov.au)



[servicesaustralia.gov.au](http://servicesaustralia.gov.au)

# News from the community



The Mulgrave History Museum, which is located at 60 Gordon Street Gordonvale, has a new display. Gordonvale Guides is celebrating 100 years, and we have a special exhibition featuring uniforms through the ages, photographs, badges, memorabilia and crafts. This exhibition will be on show until June of this year. Our opening hours are 10:00am to 2:00pm.

The Mulgrave Shire Historical Society is once again presenting Ghosts of Gordonvale at Gordonvale Cemetery on Sunday 23rd August 2026 at 3:00pm. The presentation will occur on the banks of O'Leary's Creek behind the monumental section of Gordonvale Cemetery. Attendees are asked to provide their own seating and water if needed. The stories being told are of six people buried in Gordonvale cemetery. They are Edith O'Neill, Carl Roos, Ferdinando Amadio, George Taylor, Richard Johnson, and Jane Roberts. The society hopes that any descendants of the ghosts being portrayed will be able to attend.

The information presented is historical and there is no presumption of ghostly presence.

Our presenters will be Mulgrave Shire Historical Society members dressed as their character. Come and enjoy a pleasant afternoon learning more about our local history told through the lives of our early pioneers.

Another fundraiser that the society is planning later in the year is called 'A Night at the Museum.' We had a successful inaugural presentation last year when we listened to 'The History of the Pyramid Race' by Leanne and Ian Kruger and 'The Cairns-Mulgrave Tramway -Australia's first local government line' by Antony Roth in the Rambler Room which is next to the Mulgrave History Museum. So, keep an eye out for future updates in the Pyramid Views.



## Matt Smith MP – Member for Leichhardt

Hello South Side! I hope you are all settling in to the year as it gets started with a bang!

I've certainly been keeping busy – there have already been 2 sitting weeks and an extraordinary sitting so far this year, so I've spent a fair bit of time in Canberra.

We've lowered the cost of PBS medicines to their lowest price since 2004, we're delivering tax cuts for all Australian taxpayers with another one to kick in at the start of January and we've frozen the tax on draught beer at the pub.

We know local families are struggling to make ends meet and the moment so I'm pushing for as much support for locals as we can.

Labor has also opened up more housing funding through the Housing Future Fund so that by 2029 there will be 40,000 new social and affordable houses across the country, just like the development happening in Woree and the veteran's housing opened up in Edmonton.

I'm proud to continue to deliver for the South Side community. The Cairns South Urgent Care Clinic has had a funding boost, with additional funding to employ and train additional staff whilst equipping the clinic to maintain service delivery during extreme weather events!

I'm also pleased to announce that my website is now up and running! You can visit [mattsmithmp.com](http://mattsmithmp.com) to sign up for community newsletters, view any media releases, have a look at my speeches and volunteer with the Office.

Here on the South Side, I'll be running a community office on Wednesday the 19<sup>th</sup> at Hopscotch Café between 8:00-8:45am. If you have any questions, concerns or just want to come and have a yarn with me, please come down and chat! It's vital that I run these community offices so that I can hear what you think and best be able to represent you when I'm down south.

If you've got any specific questions about the beer excise freeze, Operation Broadstaff, the Cairns South Urgent Care Clinic or any other federal government responsibilities please don't hesitate to give my team a call at 07 4051 2220, email us at [matt.smith.mp@aph.gov.au](mailto:matt.smith.mp@aph.gov.au) or check out my socials at Matt Smith MP on Facebook and Instagram.



# FOR FUN, FRIENDSHIP AND ADVENTURE!

Do you enjoy having fun?  
Making new friends?  
Trying new and exciting challenges?

Girls in Guiding achieve goals, improve communities and grow in confidence.

### Edmonton Girl Guides

For girls aged 6-17 years  
Tuesdays 5-7pm during school term

### To Begin Your Adventure

Contact: edmontonDM@guidesqld.org



# GUIDING IS FOR ADULTS AS WELL!

Any woman 18 years and older who is prepared to make the Guide Promise and obtain a working with children card can be an adult member.

Take advantage of the personal and professional development opportunities that Guiding offers. Develop skills in areas such as leadership, event planning, advocacy, communications and more. Mentoring and training programs are available



# ENROL NOW FOR 2026

At Holy Spirit College, we are committed to supporting young people who are currently disengaged from mainstream schooling.

Our staff work alongside our young people to identify and support personal goals, and help achieve outcomes that lead to positive futures.

Phone: 07 4252 9150 or email: office.holyspirit@cns.catholic.edu.au

**Save the Date** **FREE!**

**GORDONVALE NEIGHBOURHOOD DAY**

Wednesday 15th April 2026  
10 am - 1 pm  
Norman Park

Musical Performances! Scavenger Hunt! Face Painter! Kids' Activities!



**Cairns South TOGETHER**

Partnering with **MISSION AUSTRALIA**

more info on facebook

SUPPORT OUR LOCAL **CHILD & YOUTH MARKETEERS**

**2026 MARKET DATES**  
Sundays 10am - 1pm

<b>25 January</b>	<b>5 July</b>
<b>19 April</b>	<b>4 October</b>






**Wuchopperen Play Group.**  
 Every Thursday  
**Hambledon House - Edmonton**  
 9:30 - 11:30am  
 Kids 0 - 4 years  
 All children welcome.

Each week Wuchopperen offers  
 Playgroup activities:  
**Tuesday** - Wuchopperen Manooora  
**Thursday** - Hambledon House -  
 Edmonton  
**Friday** - Cairns West State School

**Wuchopperen**  
 HEALTH SERVICE LTD  
*Keeping Our Generations Growing Strong*

*play*

**playgroup**



**Come and join us**

- Play
- Social
- Information
- Friendship
- Support
- Air conditioning
- Food

**TUESDAY**  
**1.30-2.30PM**

**YARRABAH KNOWLEDGE CENTRE LIBRARY**

Contact Latoya @ Wugu P: 40 560 500 | Dulcie @ YKC P: 40 569 120



*Creating Pathways for Every Student*



**ENROL NOW**

A Prep–Year 12 learning journey with real pathways, vocational opportunities and wraparound wellbeing support – all in a community-centred environment.

Call us on (07) 4043 3777 or scan code for more info



# Youth Week 2026

# ULTIMATE GAMES

GRAB YOUR MATES FOR A WILD NIGHT OF FUN CHALLENGES

FREE!

**TUESDAY  
14TH APRIL**

**STARTS AT 4PM**  
PCYC, 10 - 20 WALKER  
ROAD, EDMONTON  
FOR AGES 12 TO 25

THIS EVENT IS IN PARTNERSHIP WITH



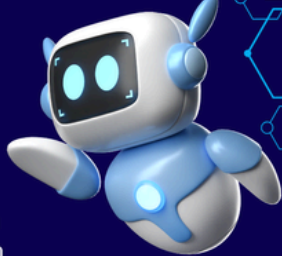
FOR MORE INFO:  
[DIYDG.ORG.AU/EVENTS](http://DIYDG.ORG.AU/EVENTS)

FAMILIES ARE WELCOME TO COME SPECTATE AND  
ENJOY THE MUSIC, LAUGHS & PIZZA

## Artificial Intelligence for Beginners

in partnership with State Library of Queensland

This workshop introduces you to Artificial Intelligence (AI) through engaging demonstrations and hands-on activities.



- Learn how AI tools can simplify tasks, enhance creativity and provide innovative solutions
- Bring a device if you have one, or use one of ours.
- No prior knowledge needed, just curiosity and a willingness to explore!

**Babinda Library**  
Monday 9 February  
10am

**Earlville Library**  
Monday 9 March  
10am



## WANT TO LEARN MORE ABOUT YOUR SMARTPHONE OR TABLET?

Your guide  
to getting online

**Monday 23 February** | **Tuesday 24 March** | **10am**  
**Babinda Library** | **Earlville Library**

### BUILDING DIGITAL SKILLS

Join us for a hands-on Tech Help Workshop where you can bring your own device—smartphone, tablet, iPad, or laptop!

This workshop is designed to help you build confidence and skills in using technology. Receive personalised assistance to get the most out of your device. You'll learn how to navigate online tools, browse the internet safely, stay connected with loved ones, and identify scams.

Don't miss this opportunity to enhance your tech skills in a friendly, supportive environment!



## Let us help! Access Aged Care Services

No  
appointment  
needed!

Come along to find out information and support to access aged care services.

Do you, or someone you know, need help accessing aged care services and supports? Drop in to this session to see how ADA Link can help you.

- Perfect for seniors facing challenges due to aging, health, finances or social isolation
- No appointment needed, drop in anytime between 10am and noon.

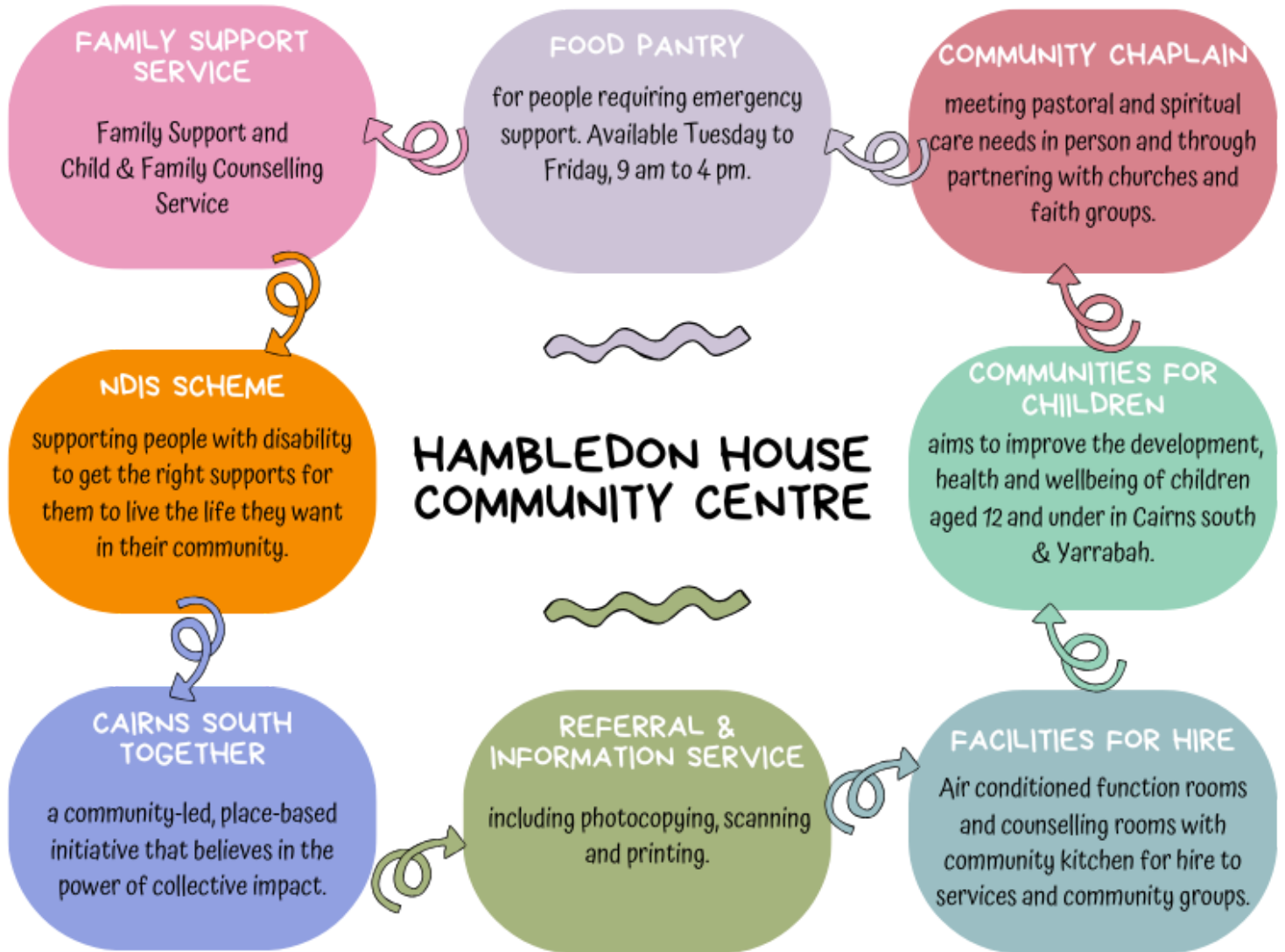


4th Thursday monthly:  
22 Jan, 26 Feb, 26 Mar Babinda Library 10am - noon

Provided in partnership with  
Aged and Disability  
Advocacy Australia



# Services and Supports at the Centre



More information can be found at [www.hambletonhouse.com.au](http://www.hambletonhouse.com.au) or by calling 4037 2874 between 9.00am and 4.00pm

## MISSION AUSTRALIA

# Food pantry

**Available at the following locations:**

<p><b>Hambleton House Community Centre</b> 177 Bruce Highway, Edmonton Tuesday - Friday 9 am - 4 pm Phone: 4037 2874</p>	<p><b>Gordonvale Early Years Centre</b> 33 Sheppards Street, Gordonvale Thursday 1 pm - 4 pm Phone: 4034 6800</p>	<p><b>Saint Michael's Catholic Church</b> Gordonvale Community Hall, Cannon Street, Gordonvale Mondays 9 am - 12 pm Phone: 4037 2874</p>
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# CONTACT US

Hambledon House Community Centre  
 177 Bruce Highway, Edmonton  
 P: 4037 2874  
 E: [Hambledonhouse@missionaustralia.com.au](mailto:Hambledonhouse@missionaustralia.com.au)  
[www.hambledonhouse.com.au](http://www.hambledonhouse.com.au)

Office Hours: Monday to Friday 9:00 am to 4:30 pm  
 Closed 12:00 pm – 12:30 pm week days and closed weekends and public holidays

## Staff

Program Manager: Tom  
 Program Coordinator: Sally  
 Community Engagement Officer: Janelle  
 COF Community Engagement Facilitators: Robbie and Andrew  
 Community Development Officer: Casey  
 Community Chaplain: Daniel  
 CfC Contract and Service Development Officer: Liz  
 Family Support:  
 Child and Family Counsellor: Jessica  
 Administration Officer: Fiona  
 Administration Officer: Aki  
 Casual Admin Support: Sarah  
 Volunteers: Kathy, Helen, Anna, Wendy, Val, Lynne, Jude, Robin, Lisa,  
 Yvonne, Kozo and Priscilla

## External Services

QLD Health 24 Hr Mental Health	1300 64 22 55
Kids Helpline (24/7)	1800 55 1800
Gambling Helpline (24/7)	1800 858 858
Relationships Australia (9-5pm)	1300 364 277
Beyond Blue	1300 224 636
SANE (10 am - 10 pm weekdays)	1800 187 263
Mensline (24/7)	1300 789 978
Parentline (8 am - 10 pm)	1300 30 1300
DV Connect (Women's line 24/7)	1800 811 811
DV Connect (Men's line 24/7)	1800 600 636
Lifeline (24/7)	13 11 14
Q Life (3 pm - 12 am)	1800 184 527
Standby (Cairns) (24/7)	0407 490 005
Suicide Call Back Service	1300 659 467
Alcohol Drug Info Service (24/7)	1800 177 833
Poison Info Life (24/7)	13 11 26
QSTARS (tenancy advice)	1300 744 263

## Online information and chats

Black Dog Institute: [www.blackdoginstitute.org.au](http://www.blackdoginstitute.org.au)  
 Beyond Blue: [www.beyondblue.org.au](http://www.beyondblue.org.au)  
 Headspace online chat: [www.eheadspace.org.au](http://www.eheadspace.org.au)  
 Reachout: [www.reachout.com](http://www.reachout.com)  
 Parentline: [www.parentline.com.au](http://www.parentline.com.au)

Hambledon House Community Centre is managed by Mission Australia with funding support from the Queensland Government.

Communities for Children is a Federal Government initiative funded by the Department of Social Services.

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Australian Government  
 Department of Social Services



Queensland  
 Government

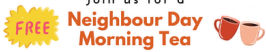


CONNECT  
 WITH US ON  
 FACEBOOK  
 @HambledonHouse



# MARCH 2026

## AT HAMBLEDON HOUSE COMMUNITY CENTRE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2 FAMILY MUSIC FUN</b> 9:15 am - 10 am <b>HEALTHY FOR LIFE</b> 10:30 am - 11:30 am 11:30 am - 12:30 pm <b>UKULELE CLASS*</b> 1:00 pm - 1:45 pm 2:00 pm - 2:45 pm	<b>3 COMMUNITY GARDEN GROUP</b> 9 am - 10 am  <b>LIVES LIVED WELL</b> 9:30 am - 1:30 pm  <b>SENIORS MORNING TEA*</b> 10 am - 11:30 am	<b>4 PLAYGROUP</b> 9:30 am - 11:30 am  <b>DIGITAL DROP-IN</b> 1 pm - 2 pm	<b>5 WUCHOPPEREN PLAY GROUP</b> 9:30 am - 11:30 am	<b>6 BUSY NEEDLES</b> 8:30 am - 12 pm  <b>BOOK CLUB</b> 9:30 am - 10:30 am  <b>MEN'S GROUP</b> 6:00 pm - 7:30 pm
<b>9 FAMILY MUSIC FUN</b> 9:15 am - 10 am <b>HEALTHY FOR LIFE</b> 10:30 am - 11:30 am 11:30 am - 12:30 pm <b>UKULELE CLASS*</b> 1:00 pm - 1:45 pm 2:00 pm - 2:45 pm	<b>10 COMMUNITY GARDEN GROUP</b> 9 am - 10 am  <b>SERVICES AUSTRALIA PRESENTATION</b> 9:30 am - 12:00 pm	<b>11 PLAYGROUP</b> 9:30 am - 11:30 am  <b>DIGITAL DROP-IN</b> 1 pm - 2 pm	<b>12 WUCHOPPEREN PLAY GROUP</b> 9:30 am - 11:30 am	<b>13 BUSY NEEDLES</b> 8:30 am - 12 pm  <b>GAME OF SCONES</b> 1:00 pm - 2:30 pm
<b>16 FAMILY MUSIC FUN</b> 9:15 am - 10 am <b>HEALTHY FOR LIFE*</b> 10:30 am - 11:30 am 11:30 am - 12:30 pm <b>UKULELE CLASS*</b> 1:00 pm - 1:45 pm 2:00 pm - 2:45 pm	<b>17 LIVES LIVED WELL</b> 9:30 am - 1:30 pm	<b>18 PLAYGROUP</b> 9:30 am - 11:30 am  <b>DIGITAL DROP-IN</b> 1 pm - 2 pm  <b>STAMP CLUB</b> 1:00 pm - 3:00 pm	<b>19 WUCHOPPEREN PLAY GROUP</b> 9:30 am - 11:30 am	<b>20 BREKKYNET</b> 7:30 am - 8:30 am  <b>BUSY NEEDLES</b> 8:30 am - 12 pm  <b>MEN'S GROUP</b> 6:00 pm - 7:30 pm
<b>23 FAMILY MUSIC FUN</b> 9:15 am - 10 am <b>HEALTHY FOR LIFE*</b> 10:30 am - 11:30 am 11:30 am - 12:30 pm <b>UKULELE CLASS*</b> 1:00 pm - 1:45 pm 2:00 pm - 2:45 pm	<b>24 COMMUNITY GARDEN GROUP</b> 9 am - 10 am  <b>NEIGHBOUR DAY*</b> 10 am - 12 pm  <div style="text-align: center;">  <p>Join us for a <b>FREE Neighbour Day Morning Tea</b></p> </div>	<b>25 PLAYGROUP</b> 9:30 am - 11:30 am  <b>DIGITAL DROP-IN</b> 1 pm - 2 pm	<b>26 WUCHOPPEREN PLAY GROUP</b> 9:30 am - 11:30 am	<b>27 BUSY NEEDLES</b> 8:30 am - 12 pm  <b>JP SERVICE</b> 11 am - 1 pm
<b>30 FAMILY MUSIC FUN</b> 9:15 am - 10 am <b>HEALTHY FOR LIFE*</b> 10:30 am - 11:30 am 11:30 am - 12:30 pm <b>UKULELE CLASS*</b> 1:00 pm - 1:45 pm 2:00 pm - 2:45 pm	<b>31 COMMUNITY GARDEN GROUP</b> 9 am - 10 am			

\*Bookings required

## IMPORTANT DATES

2 March	Dr Seuss Day	19 March	Close the Gap Day
3 March	World Wildlife Day	20 March	World Storytelling Day
	Worm Moon - Total Lunar Eclipse		Ride to School Day
3 - 4 March	Holi Day	21 March	International Day for the Elimination of Racial Discrimination
8 March	International Women's Day		
13 March	World Sleep Day	21 March	Harmony Day
14 March	International Day of Mathematics (Pi Day)	22 March	World Water Day
17 March	St Patrick's Day	28 March	Earth Hour (20 <sup>th</sup> Year)

Join the Southern Suburbs News mailing list. Email: [Hambledonhouse@missionaustralia.com.au](mailto:Hambledonhouse@missionaustralia.com.au)